



Movement

Keywords

Pace, Stance, Posture
Facial-Expressions, Eye-Contact
Proxemics, Gestures, Body-Language
Pace, Rhythm, Energy
Leading-body-part, Levels
Mime, Slow motion, Gait

Useful Expressions to Describe Movement

Stride, Slump/ hunch shoulders, march,
lower self into chair, curl up on chair, twitch, pull
shoulders back, shuffle, skip, drop/ lift head, run,
walk, circle arms, lift shoulder, swagger, amble,
clenched fists, stagger, bend back, bounce, throw self
to floor, totter (in high heels), invade someone's
space, retreat from the space, shrink away, play with
hair, fidget.